



## **Orick School District**

### **LSWP Triennial Assessment Report**

#### **June 2023**

### **General Information**

Date Policy Revised: 8/17/23

Date Assessment Completed: 6/26/2023

Schools included in assessment: Orick School

Date of last Local Wellness Policy revision: 8/11/22

Website address for the wellness policy: <https://orickschool.org/>

Resources Used: The California School Board Association (CSBA) Sample Board Policy; *The Triennial Assessment Template for Local Educational Agencies*, California Local School Wellness Policy Collaborative

Assessments Used: WellSAT 3.0 (Modified version); CalFresh Healthy Living Site Level Assessment Questionnaire (SLAQ) for Elementary level

Local Education Agencies (LEAs) are required to complete a comprehensive assessment of the Local School Wellness Policy (LSWP) a minimum of once every three years, beginning no later than June 30, 2021. LEAs received a two-year waiver due to Covid 19, extending the assessment to five years. Each LEA is to establish a LSWP committee to conduct the assessment. The committee should include broad representation of the school district, families, and community. The assessment requires a four-step process including:

1. How the LSWP compares to a model policy;
2. The school district's progress towards attaining LSWP goals;
3. Measuring each school site compliance with the LSWP;
4. The results of the assessment must be made available to the public.

## **1. Orick SD School Wellness Policy comparison to Model Policy:**

Since the return to full in-person instruction, the district LSWP committee has been inactive. The Superintendent, Secretary to the Superintendent and the Director of Nutrition Programs and Services at the Humboldt County Office of Education (HCOE) met to complete this step. The California School Board Association (CSBA) Sample Board Policy was used as a model policy and a modified version of the WellSat 3.0 assessment scorecard was used for the comparison.

Overall the policy needs some updating on specific language to be in compliance. We found the LSWP to be out of compliance or in partial compliance with the following Standards:

- Recommend adding language pertaining to farm to school efforts, particularly the sourcing of locally produced products into the school meal programs.
- Add language addressing student access to free, safe, unflavored drinking water throughout the school day and where meals are being served.
- Add language pertaining to other food and beverage sales to include “a la carte, vending machines, student stores”.
- Add language that updates “Free and Reduced-Price Meals” to include the operation of the California Universal Meals program and the Community Eligibility Provision (CEP) program.
- Replace the required USDA Non-discrimination statement with current version.

It is recommended that revisions be made to the LSWP to include the appropriate language outlined above. The last page of this document contains the completed score card.

## **2. Monitoring Progress with Meeting the LSWP Goals, and**

## **3. Extent of compliance for ALL schools with the LSWP**

The CalFresh Healthy Living Elementary School Site-Level Assessment Questionnaire (SLAQ) tool was used to monitor progress towards meeting the LSWP goal.

A brief summary of successes and areas of opportunity follows. It is recommended that an action plan be created to address the areas of opportunity.

Successes	Opportunities
<ul style="list-style-type: none"> <li>• District provides healthy breakfast and lunch meals to students that meet federal and state requirements.</li> <li>• District operates the Fresh Fruit and Vegetable Program (FFVP).</li> <li>• Nutrition education provided in the classroom and with the FFVP.</li> <li>• Nutrition education promoted through signage in the cafeteria</li> <li>• Some local fruits and vegetables are incorporated into school menus and FFVP.</li> <li>• District implemented California Universal Meals and Community Eligibility Provision (CEP) where all students can eat meals free of charge.</li> <li>• Partnership underway with the HCOE Humboldt School Garden Collective for support with revitalizing school garden.</li> <li>• School facilities are made available to the community for physical activity.</li> <li>• No food related fundraising takes place on school campus.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to build momentum and partnerships to revitalize the school garden.</li> <li>• Install a hydration station in the multipurpose room where meals are served and eaten.</li> <li>• Continue to incorporate more locally produced foods into school meals including fruits, vegetables and local beef.</li> <li>• Provide support for food service staff to obtain training on school meal program operations, menu planning and scratch-based cooking.</li> <li>• Strengthen the LSWP committee by conducting outreach and recruitment to include teachers, afterschool, health professionals, parents, and students.</li> </ul>

#### 4. Triennial Assessment Report to Public

This report will be made available to the public on the district website at <https://orickschool.org/>

# Local School Wellness Policy Assessment Score Card

**School District:** Orick School District

*This tool was used to compare OESD current LSWP with the California School Board Association (CSBA) model policy.*

## Instructions:

1. Please make a copy of this Score Card with your name in the title and share with LSWP committee members.
2. Put an X in the box for the most appropriate score for each item.

## Nutrition Education

Yes No Partial

Includes goals for nutrition education that are designed to promote student wellness	X		
Nutrition Education is integrated into other subjects beyond health education	X		
Nutrition Education addresses agriculture and the food system		X	

## Standards for USDA CNPs and School Meals

Assures compliance with USDA nutrition standards for reimbursable school meals.	X		
Addresses access to the USDA School Breakfast Program	X		
District takes steps to protect the privacy of students who qualify for free and reduced priced meals	X		
Free drinking water is available during meals		X	
Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	X		
Addresses purchasing local foods for the school meal program		X	

## Nutrition Standards for competitive and Other Foods and Beverages

Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	X		
Regulates food and beverages sold in a la carte, vending machines, school stores			X
Addresses fundraising with food to be consumed during the school day.	X		
Regulates food and beverages served at class parties and other school celebrations in elementary schools	X		

**Physical Education Physical Activity**

	Yes	No	Partial
There is a written physical education curriculum for grades K-12.		X	
Addresses family and community engagement in physical activity opportunities at all schools.			X
Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.			X
Addresses physical activity breaks during school.	X		
Addresses time per week of physical education instruction for all elementary and middle schools students.	X		

**Wellness Promotion and Marketing**

Addresses strategies to support employee wellness.		X	
Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards	X		
Specifically addresses marketing on school property, equipment, educational materials, where food is purchased, in school publications, media, fundraisers and corporate-incentive programs.	X		

**Implementation, Evaluation, and Communication**

Addresses how relevant stakeholders will participate in the development, implementation, and periodic review and update of the local wellness policy.	X		
Identifies the officials responsible for the implementation and compliance of the local wellness policy.	X		
Addresses making the wellness policy available to the public.	X		
Addresses the assessment of the district implementation of the local wellness policy at least once every three years.	X		
Triennial assessment results will be made available to the public and will include: <ol style="list-style-type: none"> <li>1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy;</li> <li>2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies;</li> <li>3. Description of the progress made in attaining the goals of the local school wellness policy.</li> </ol>	X		
Addresses a plan for updating policy based on results of the triennial assessment.	X		
Column Totals- Yes=2, Partial=1, No=0	38	0	
Total Score= <b>total points/58</b>	41		



# Elementary School Site-Level Assessment Questionnaire

*Developed by the  
University of California Nutrition Policy Institute for the  
California Department of Public Health*

**Here is some basic information about the Elementary School Site-Level Assessment Questionnaire (SLAQ):**

- **WHAT does it include?** Questions that assess current healthy eating and physical activity practices at a school site, even if students are doing distance learning full or part time (e.g. hybrid learning model). Do NOT include practices that are planned but not yet implemented.
- **WHO should complete it?** One or more individuals that are familiar with the policies and practices in place at this school.
- **WHEN should this be completed?** Annually, before interventions begin for the school year at this site.
- **WHY?** To understand a school's need for healthy eating and physical activity supports, and to measure change and improvements over time.
- **HOW?** It can be completed on paper or on-line. If you complete it on paper, you will need to enter your data into Survey 123 in order to submit your responses:  
[https://ucanr.edu/sites/slaq/SLAQ\\_Questionnaires/](https://ucanr.edu/sites/slaq/SLAQ_Questionnaires/)

## **Tips and additional information:**

- Review the questionnaire before beginning to decide who should be involved in completing each section and gather any materials/documents you may need.
- Do your best to estimate the current situation so that change over time can accurately be assessed. Do NOT include practices that are planned but not yet implemented.
- Current practices may be impacted by the COVID-19 pandemic or other emergencies. It is important that you report practices in place at the time you complete the questionnaire, even though they may differ from the usual practices. There is a question at the end of each section to comment on these impacts. These questions are not included when computing scores.

Funded by USDA SNAP, an equal opportunity provider and employer.

## School Site Information

School name Orick School

School address \_\_\_\_\_

This school's Local Health Department (LHD) partner N/A

PEARS Site ID N/A

PEARS Site ID is assigned by PEARS and can be found [here](#). Watch this [video tutorial](#) on how to find a PEARS Site ID. If you do not have a PEARS account, contact your LHD partner for help.

Date of current assessment (MM/DD/YYYY) 6/26/23

Date of last assessment (MM/YYYY) N/A ☐ N/A (this is the first assessment)

During the current week, under what model is this school operating?

- ☒ *In-person*: students attend campus full days Monday-Friday
- ☐ *Distance learning*: students do all learning activities remotely, with exceptions only for specific class activities
- ☐ *Hybrid*: students attend campus part-time and participate in distance learning part-time
- Examples:
- *Students on campus 2-3 days/week, distance learning on off days*
  - *Morning/afternoon split: students spend a half day on campus and half day distance learning*
  - *Students on campus every other week, distance learning on off weeks*
- ☐ *Other* (please describe): \_\_\_\_\_

Under this model, what percentage of enrolled students are scheduled to attend on campus on a typical school day?

- ☒ All (100%)
- ☐ Half (50%)
- ☐ A quarter (25%)
- ☐ None (0%)
- ☐ Other: \_\_\_\_\_

## Section 1: Wellness Policies and Meal Program Participation

*When completing this section, refer to policies about student wellness, NOT employee wellness. Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### 1.1 During the past year, has anyone at your school done any of the following activities?

*Mark all that apply.*

- ☒ Reviewed your district's or school's wellness policy
- ☐ Helped revise your district's or school's wellness policy
- ☐ Communicated to school staff about your district's or school's wellness policy
- ☐ Communicated to parents and families about your district's or school's wellness policy
- ☐ None of these

### 1.2 Is there an official who is responsible for implementation and compliance with wellness policy at the school (not district) level?

- ☐ Yes, a school employee
- ☒ Yes, a district employee
- ☐ No

### 1.3 Is there an active school-level wellness committee (an action-oriented advisory group of two or more people that focuses on the health and well-being of students)? IF SO, how often did it meet during the last 12 months?

- ☒ Committee did not meet
- ☐ 1-2 times
- ☐ 3-4 times
- ☐ 5-6 times
- ☐ 7+ times
- ☐ No school-level committee *skip to Q1.5*

### 1.4 Families from this school are active members of a school or district level wellness committee.

*Mark all that apply.*

- ☐ District level committee
- ☐ School level committee
- ☐ Neither
- ☐ Don't know

### 1.5 School participates in the National School Lunch Program. ☒ Yes ☐ No

### 1.6 School participates in the School Breakfast Program. ☒ Yes ☐ No

*The School Breakfast Program is a federally funded program which assists schools and other agencies in providing nutritious breakfasts to children at reasonable prices.*



**1.7 School participates in the Fresh Fruit & Vegetable Program.** ☒ Yes ☐ No

*The Fresh Fruit and Vegetable Program (FFVP), administered by CDE, provides schools with funding to offer students a free fresh fruit or vegetable snack during the school day.*

**1.8 Have any of the policies or practices in Section 1 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

☒ No

☐ Yes, impacted by COVID-19. *Please describe:*

☐ Yes, impacted by a wildfire. *Please describe:*

☐ Yes, impacted by another emergency. *Please describe:*

**1.9 Comments on Section 1: Wellness Policies and Meal Program Participation**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

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**1.10 Title(s) or role(s) of the people who completed Section 1:**

Superintendent, Superintendents Secretary, HCOE School Nutrition Programs and Services Director

## Section 2: Meals and School Meal Environment

*When completing this section, please refer to a weekly or monthly school meal menu.*

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### 2.1 Which breakfast programs are offered at this school when students attend in-person?

*Mark all that apply.*

- ☐ N/A: no students attending in-person because of COVID-19
- ☐ Breakfast in the classroom
- ☐ "Grab and go" breakfast options (packaged, carry-away, reimbursable meal)
- ☐ "Second chance" breakfast (breakfast after homeroom or first period)
- ☒ This school offers breakfast but none of the above specific programs
- ☐ This school does not offer a breakfast program

### 2.2 The school participates in one or more programs that promote locally or regionally sourced food for meals.

- ☒ Yes *Please list:* FFVP, HCOE Farm to School procurement, local farms, regionally produced milk
- ☐ No

### 2.3 All foods and beverages provided in school meals meet nutritional requirements of the National School Lunch Act (as updated in 2012).

- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

### 2.4 Students receive at least one fruit or vegetable with each meal.

- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

### 2.5 Sliced or cut fruit is offered with meals.

- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.6 Fruit and vegetables are prominently displayed in attractive containers on all service lines.**

- ☒ N/A: Traditional Meal Service--meals are plated
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.7 More than one fruit choice (not including juice) is offered *at lunch*.**

- ☒ N/A: Traditional Meal Service--no choices offered
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.8 More than one vegetable choice is offered *at lunch*.**

- ☒ N/A: Traditional Meal Service--no choices offered
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.9 Pre-packaged salads or a salad bar are available to all students *at lunch*.**

- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☒ Never (true 10% or less of the time)

**2.10 The only beverages available to students *at breakfast* are milk and water.**

- ☐ N/A: no breakfast
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☒ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.11 The only beverages available to students at *lunch* are milk and water.**

- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.12 Milk served with meals is limited to non-flavored and 1% fat or less.**

- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☒ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.13 White milk is placed for easier access than flavored milk.**

- ☐ N/A: no flavored milk offered
- ☒ N/A: Traditional Meal Service
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.14 This school provides access to free, palatable drinking water during meal times in the food service areas.**

- ☐ N/A: no on campus meal service because of COVID-19
- ☒ Yes
- ☐ No

**2.15 Students have at least 30 minutes for eating lunch, including time to get their food.**

*Do not include time spent for recess during the lunch period.*

- ☐ N/A: no on campus meal service because of COVID-19
- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.16 Lunch (on campus) is served no earlier than 11:00 am and no later than 1:00 pm for:**

- ☐ N/A: no on campus meal service because of COVID-19
- ☒ All students (true for more than 90% of students)
- ☐ Most students (true for 61-90% of students)
- ☐ Some students (true for 41-60% of students)
- ☐ Few students (true for 11-40% of students)
- ☐ No students (true for 10% or fewer students)

**2.17 Classroom nutrition education is reinforced in the cafeteria with promotional materials such as posters, displays, taste testing, etc.**

- ☐ N/A: no on campus meal service because of COVID-19
- ☐ N/A: not familiar with classroom nutrition education
- ☒ More than once per month
- ☐ About once per month
- ☐ A few times per year
- ☐ 1 time per year
- ☐ Never

**2.18 Students help promote the meal program. For example, students might make menu announcements or help develop materials promoting meals.**

- ☐ More than once per month
- ☐ About once per month
- ☐ A few times per year
- ☐ 1 time per year
- ☒ Never

**2.19 Students take part in taste tests, surveys, or other methods to determine preferences for menu items.**

- ☐ More than once per month
- ☐ About once per month
- ☒ A few times per year
- ☐ 1 time per year
- ☐ Never

**2.20 Students have adequate space to sit down and eat at a table most of the time.**

- ☐ N/A: no on campus meal service because of COVID-19
- ☒ Yes, plenty of tables and extra space
- ☐ Yes, but tables are crowded
- ☐ No, not enough seating with tables

**2.21 Dining facilities can be described as:**

- ☐ N/A: no on campus meal service because of COVID-19
- ☐ Pleasant (very clean, well-lit, not too chaotic or noisy, and inviting)
- ☒ Acceptable (adequately clean, well-kept, but sparse)
- ☐ Some areas of concern (dirty, dingy, needs repairs, etc.)

**2.22 Have any of the policies or practices in Section 2 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☒ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

☐ Yes, impacted by a wildfire. *Please describe:*

☐ Yes, impacted by another emergency. *Please describe:*

**2.23 Comments on Section 2: Meals and School Meal Environment**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

Discussion is underway to install a hydration station in the cafeteria to make drinking water more accessible to students.

**2.24 Title(s) or role(s) of the people who completed Section 2:**

Superintendent, Superintendents Secretary, HCOE Nutrition Education Programs and Services Director

## Section 3: Food and Drink around the School

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### **3.1 Food and beverage advertising is limited to foods that meet the state and federal competitive food requirements.**

- ☐ N/A: students are not on campus because of COVID-19
- ☒ N/A: no food and beverage advertising on campus
- ☐ Yes
- ☐ No
- ☐ Don't Know

### **3.2 Items sold as part of fundraisers include:**

- ☒ Only items that meet the state and federal competitive food criteria (or include non-food items)
- ☐ Some items that meet the state and federal competitive food criteria and some that do not
- ☐ Only items that DO NOT meet the state and federal competitive food criteria

### **3.3 All foods and beverages served at school events and celebrations also meet state and federal competitive food standards.**

- ☐ N/A: no school events or celebrations because of COVID-19
- ☐ N/A: no foods or beverages served at school events and celebrations
- ☐ Yes
- ☒ No--cupcakes served at some celebrations

### **3.4 During this school year, less nutritious foods and beverages are intentionally priced at a higher cost relative to more nutritious foods and beverages.**

- ☐ N/A: students are not on campus because of COVID-19
- ☒ N/A: no foods or beverages sold during the school day
- ☐ Yes
- ☐ No
- ☐ Don't Know

### **3.5 All foods and beverages sold during the school day meet state and federal competitive food requirements. Do not include reimbursable school meals or fundraisers.**

- ☐ N/A: students are not on campus during the school day because of COVID-19
- ☒ N/A: no foods or beverages sold during the school day
- ☐ Yes
- ☐ No

**3.6 All foods and beverages sold on campus *at any time after school* meet state and federal competitive food standards. Include sales that are on-going; do not include events/fundraisers that are once a year.**

- ☐ N/A: students are not on campus after school because of COVID-19
- ☒ N/A: no foods or beverages sold after school
- ☐ Yes
- ☐ No

**3.7 Beverages sold to students on campus, not as part of meals, during the school day include:**

*Mark all that apply.*

- ☐ N/A: students are not on campus during the school day because of COVID-19
- ☒ N/A: no foods or beverages sold during the school day
- ☐ Plain, unflavored water (carbonated or uncarbonated)
- ☐ Flavored water, no added sweeteners or caffeine (carbonated or uncarbonated)
- ☐ Unflavored low-fat (1%) or non-fat milk
- ☐ Unflavored whole or reduced fat (2%) milk
- ☐ Flavored non-fat milk
- ☐ Flavored whole, low-fat, or reduced fat milk
- ☐ 100% fruit or vegetable juices (full strength or diluted with water to include at least 50% juice)
- ☐ Calorie-free beverages with caffeine (e.g. unsweetened coffee, tea, or flavored waters with caffeine; excluding diet beverages and plain water)
- ☐ Low or no calorie electrolyte replacement beverages (< 5 calories per ounce such as low-calorie sports drinks)
- ☐ Regular, non-diet soda
- ☐ Diet drinks (including diet soda, light tea, artificially sweetened juice)
- ☐ Other pre-sweetened drinks (including Capri Sun, fruit punch, lemonade, aguas frescas, sweet tea)
- ☐ Other (specify):

**3.8 Are sugar-sweetened beverages served at school events?**

*Sugar-sweetened beverages include any drinks with added sugar, including corn syrup, like non-diet sodas, energy drinks, sports drinks, fruit drinks, and sweetened coffee or tea.*

- ☐ N/A: no school events because of COVID-19
- ☒ Yes
- ☐ No

**3.9 Are teachers discouraged from serving sugar-sweetened beverages at classroom celebrations?**

*Sugar-sweetened beverages include any drinks with added sugar, including corn syrup, like non-diet sodas, energy drinks, sports drinks, fruit drinks, and sweetened coffee or tea.*

- ☐ N/A: no classroom celebrations because of COVID-19
- ☒ Yes--lemonade
- ☐ No



**3.10 Drinking water is available at no charge to students.**

- ☐ N/A: students are not on campus because of COVID-19
- ☒ At all times and locations
- ☐ At only some times or locations
- ☐ No student access to drinking water

**3.11 Students are allowed to carry refillable water bottles.**

- ☐ N/A: students are not on campus because of COVID-19
- ☒ At all times and locations
- ☐ At only some times or locations
- ☐ Never

**3.12 Students have access to water bottle fillers.**

*Do not count traditional drinking fountains, unless they have a water bottle filler feature.*

- ☐ N/A: students are not on campus because of COVID-19
- ☒ No
- ☐ Yes, students can access one water bottle filler
- ☐ Yes, students can access two or more water bottle fillers

**3.13 Have any of the policies or practices in Section 3 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☐ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

- ☐ Yes, impacted by a wildfire. *Please describe:*

- ☐ Yes, impacted by another emergency. *Please describe:*

**3.14 Comments on Section 3: Food and Drink around the School**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

**3.15 Title(s) or role(s) of the people who completed Section 3:**

Superintendent, Superintendents Secretary, HCOE Nutrition Education Programs and Services Director

## Section 4: Gardens

**4.1 During the last school year, did your school have access to an onsite or (offsite) community garden, used and maintained for growing fruits and vegetables? Select the best option.**

- ☐ Yes, we had access to an edible garden or planter that was in use and maintained for growing fruits or vegetables *Go to Q4.2*
- ☒ No, the garden (or planter) was not being used to grow fruits or vegetables last year
- ☐ No garden access

} *Skip to Q4.8*

**4.2 During the last school year, in which months was the garden actively growing fruits and/or vegetables? Mark all that apply.**

- |                                   |                                   |                                    |                                   |
|-----------------------------------|-----------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> July     | <input type="checkbox"/> August   | <input type="checkbox"/> September | <input type="checkbox"/> October  |
| <input type="checkbox"/> November | <input type="checkbox"/> December | <input type="checkbox"/> January   | <input type="checkbox"/> February |
| <input type="checkbox"/> March    | <input type="checkbox"/> April    | <input type="checkbox"/> May       | <input type="checkbox"/> June     |

*When answering 4.3 to 4.7, think about the months the garden was actively growing fruits and/or vegetables in the last school year.*

**4.3 When nutrition education is offered the garden is incorporated:**

*Nutrition education refers to formal curriculum-based lessons.*

- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**4.4 Students tend to the garden:**

*"Tend to the garden" includes preparation for planting, weeding, watering, harvesting, etc.*

- ☐ All students (true for more than 90% of students)
- ☐ Most students (true for 61-90% of students)
- ☐ Some students (true for 41-60% of students)
- ☐ Few students (true for 11-40% of students)
- ☐ No students (true for 10% or fewer students)

**4.5 Students tend to the garden:**

*"Tend to the garden" includes preparation for planting, weeding, watering, harvesting, etc.*

- ☐ 1 time per week or more
- ☐ 2-3 times per month
- ☐ 1 time per month
- ☐ Less than 1 time per month
- ☐ Never

**4.6 Produce from the garden is distributed to families:**

- ☐ 1 time per week or more
- ☐ 2-3 times per month
- ☐ 1 time per month
- ☐ Less than 1 time per month
- ☐ Never

**4.7 Produce from the garden is used in meals or snacks:**

- ☐ 1 time per week or more
- ☐ 2-3 times per month
- ☐ 1 time per month
- ☐ Less than 1 time per month
- ☐ Never

**4.8 Have any of the policies or practices in Section 4 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☒ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

- ☐ Yes, impacted by a wildfire. *Please describe:*

- ☐ Yes, impacted by another emergency. *Please describe:*

**4.9 Comments on Section 4: Gardens**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

Plans are to revitalize the existing school garden with support through the newly established Humboldt School Garden Collective operated by HCOE,

**4.10 Title(s) or role(s) of the people who completed Section 4:**

Superintendent, Superintendents Secretary, HCOE Nutrition Education Programs and Services Director

## Section 5: Nutrition Education

*Nutrition education refers to formal curriculum-based lessons. Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### 5.1 This school offers nutrition education to students:

- ☒ Yes, some or all students *Go to Q5.2*
- ☐ No, no students *Skip to Q5.5*

### 5.2 Which grade levels are present at this school? Mark all that apply.

- |  |  |  |  |  |
|--|--|--|--|--|
| <input type="checkbox"/> TK              | <input type="checkbox"/> K               | <input type="checkbox"/> 1 <sup>st</sup> | <input type="checkbox"/> 2 <sup>nd</sup> | <input type="checkbox"/> 3 <sup>rd</sup> |
| <input type="checkbox"/> 4 <sup>th</sup> | <input type="checkbox"/> 5 <sup>th</sup> | <input type="checkbox"/> 6 <sup>th</sup> | <input type="checkbox"/> 7 <sup>th</sup> | <input type="checkbox"/> 8 <sup>th</sup> |

### How many students at each grade level receive nutrition education?

*Select one response for each grade level present at the school.*

	Few/None <1/3 of students	Some 1/3 to 2/3 of students	Most/All >2/3 of students	N/A Grade level not present
TK	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
K	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
1 <sup>st</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2 <sup>nd</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
3 <sup>rd</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
5 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
6 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
7 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
8 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

### 5.3 Nutrition education follows these practices: Mark all that apply.

- ☐ uses a standards-based curriculum with specific wellness goals
- ☒ is skills-based and participatory (i.e. practicing skills/behaviors such as goal setting, nutrition label reading, food preparation, menu planning, or media awareness)
- ☒ is integrated into other parts of the curriculum, e.g. in a math or science lesson
- ☐ is integrated with the broader school environment, e.g. a school cafeteria tour or offering school meal foods for taste tests in nutrition lessons
- ☐ incorporates agriculture and the food system, e.g. through gardening or a farm tour
- ☐ none of these

### 5.4 Teachers of nutrition education receive annual training/professional development in nutrition.

- ☒ Yes
- ☐ No

**5.5 Have any of the policies or practices in Section 5 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☐ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

- ☐ Yes, impacted by a wildfire. *Please describe:*

- ☐ Yes, impacted by another emergency. *Please describe:*

**5.6 Comments on Section 5: Nutrition Education**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

**5.7 Title(s) or role(s) of the people who completed Section 5:**

Superintendent, Superintendents Secretary, HCOE Nutrition Education Programs and Services Director

## Section 6: Physical Education

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

**6.1 In a regular school week, how many minutes of Physical Education (PE) do students participate in, among those required to complete PE?**

- ☒ 150 minutes or more
- ☐ 100-150 minutes
- ☐ 99 minutes or less

**6.2 At least 50% of PE class time is spent in moderate to vigorous physical activity.**

- ☐ Always (true more than 90% of the time)
- ☒ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**6.3 PE curriculum as implemented aligns with California state PE standards, with grade-level benchmarks.** *California state PE standards can be found here:*

<https://www.cde.ca.gov/pd/ca/pe/physeducfaqs.asp>

- ☒ Yes, for all grades
- ☐ Yes, for some grades
- ☐ No

**6.4 The student-teacher ratio in PE classes is comparable to that in core classes.**

- ☒ Yes, for all classes
- ☐ Yes, for some classes
- ☐ No

**6.5 PE is taught by a certified/endorsed PE teacher.**

- ☒ Yes, for all classes
- ☐ Yes, for some classes
- ☐ No

**6.6 Teachers of PE complete annual professional development on PE or physical activity.**

- ☐ Yes
- ☒ No

**6.7 Have any of the policies or practices in Section 6 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

☐ No

☐ Yes, impacted by COVID-19. *Please describe:*

---

☐ Yes, impacted by a wildfire. *Please describe:*

---

☐ Yes, impacted by another emergency. *Please describe:*

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**6.8 Comments on Section 6: Physical Education**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

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**6.9 Title(s) or role(s) of the people who completed Section 6:**

Superintendent, Superintendent's Secretary, HCOE Nutrition Education Programs and Services Director

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## Section 7: Physical Activity

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### 7.1 In addition to a lunch break, recess is provided for all students:

- ☒ More than 20 min per day
  - ☐ 20 min per day
  - ☐ 10-19 min per day
  - ☐ <10 min per day
  - ☐ Never Skip to Q7.3
- } Go to Q7.2

### 7.2 Staff actively facilitate physical activity during recess.

- ☐ N/A: Staff and students are not on campus because of COVID-19
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☒ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

### 7.3 Recess or free time is characterized by the provision of: *Mark all that apply.*

- ☐ N/A: Students are not on campus because of COVID-19
- ☒ ample loose equipment (e.g., balls, jump ropes, hula hoops)
- ☒ fixed play equipment (e.g., slides, climbing walls, monkey bars, basketball hoops)
- ☒ strategic playground or game markings (e.g., stencils, four square, hopscotch)
- ☐ none of these

### 7.4 Teachers are encouraged to provide movement breaks throughout the day.

- ☒ Yes
- ☐ No

### 7.5 Teachers are deterred (discouraged or prevented) from using or withholding physical activity to punish or manage behavior.

- ☒ Yes
- ☐ No

### 7.6 The school offers physical activity, including PE, indoors when bad weather prohibits outdoor activities.

- ☐ N/A: Students are not on campus because of COVID-19
- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)



**7.7 Indoor and outdoor spaces (gym, multipurpose, locker rooms) are adequate to accommodate the needs of PE classes, recess, team practices, and other activities when they occur simultaneously.**

- ☐ N/A: These classes or activities are not on campus because of COVID-19
- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**7.8 The school offers opportunities for students to participate in organized physical activities during the following times. Mark all that apply.**

- ☐ N/A: Students are not on campus before or after school because of COVID-19
- ☐ Before school
- ☒ After school
- ☐ Neither

**7.9 Intramural sports programs or physical activity clubs are offered for students regardless of gender and ability.**

*Intramural sports are programs organized within a school for recreation or competition.*

- ☐ N/A: there are no student activities because of COVID-19
- ☒ Yes, for all grades
- ☐ Yes, for some grades
- ☐ No

**7.10 School grounds/physical activity facilities are *used* by the public when school is not in session:**

- ☒ More than once a week
- ☐ About once a week
- ☐ Never or rarely

**7.11 Active transport to school is supported by the following safety features or other supports on or near the school campus. Mark all that apply.**

*Active transport means using non-motorized forms of transportation, such as walking and cycling. For longer distance trips, it may also include public transit, as these trips may include walking or cycling for part of the trip. These practices are sometimes supported by "Safe Routes to School."*

- ☒ Sufficient, well-marked crosswalks around the school
- ☐ Sufficient crossing guards around the school
- ☒ Speed bumps/traffic calming on school grounds or neighboring streets
- ☒ Adequate bike racks on the school campus
- ☐ Organized walk-to-school groups, such as a "walking school bus"
- ☐ Other (specify):
- ☐ No active transport supports are currently in place

**7.12 Have any of the policies or practices in Section 7 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

☐ No

☐ Yes, impacted by COVID-19. *Please describe:*

☐ Yes, impacted by a wildfire. *Please describe:*

☐ Yes, impacted by another emergency. *Please describe:*

**7.13 Comments on Section 7: Physical Activity**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

To encourage regular physical activity the school board pays for students to join McKinleyville Community Recreation Center.

**7.14 Title(s) or role(s) of the people who completed Section 7:**

Superintendent, Superintendent's Secretary, HCOE Nutrition Education Programs and Services Director

## Section 8: Parent and Family Involvement

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### **8.1 The school refers parents and families to community-based nutrition and physical activity services and programs by:**

*Mark all that apply.*

- ☒ Active referrals (such as outreach from a family resource staff member)
- ☐ Materials provided (such as program information distributed to students or available on school website, brochures displayed in the school office)
- ☐ None of the above

### **8.2 Nutrition education (workshops, activities, and take-home materials) is offered to parents:**

- ☒ More than 1 time per year-- Food for People and DHHS present nutrition education activities, HCOE Taste, Make, Learn family kits
- ☐ 1 time per year
- ☐ Less than 1 time per year or never

### **8.3 Physical activity opportunities or promotions (workshops, activities, and take-home materials) are offered to parents:**

- ☐ More than 1 time per year
- ☐ 1 time per year
- ☒ Less than 1 time per year or never

### **8.4 The nutritional content of foods and beverages served to students is made available to families (sent home to parents or posted online):**

- ☐ Yes
- ☒ No

### **8.5 Easy-to-understand information about accessing the school meal program is distributed to all parents at least annually:**

- ☒ Yes
- ☐ No

### **8.6 Easy-to-understand information about wellness policies is distributed to all parents at least annually:**

- ☒ Yes
- ☐ No

### **8.7 Guidelines for food brought in for holidays or celebrations are provided to parents at least once a year:**

- ☒ Yes
- ☐ No

**8.8 Information is provided to families about how to enroll students in physical activity opportunities on campus before and after school.**

- ☐ N/A: students are not on campus before or after school because of COVID-19  
☒ Yes  
☐ No

**8.9 Have any of the policies or practices in Section 8 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☐ No  
☐ Yes, impacted by COVID-19. *Please describe:*

- ☐ Yes, impacted by a wildfire. *Please describe:*

- ☐ Yes, impacted by another emergency. *Please describe:*

**8.10 Comments on Section 8: Parent and Family Involvement**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

**8.11 Title(s) or role(s) of the people who completed Section 8:**

Superintendent, Superintendent's Secretary, HCOE Nutrition Education Programs and Services Director

**Thank you for completing the Elementary School SLAQ!**



# Elementary School Site-Level Assessment Questionnaire

*Developed by the  
University of California Nutrition Policy Institute for the  
California Department of Public Health*

**Here is some basic information about the Elementary School Site-Level Assessment Questionnaire (SLAQ):**

- **WHAT does it include?** Questions that assess current healthy eating and physical activity practices at a school site, even if students are doing distance learning full or part time (e.g. hybrid learning model). Do NOT include practices that are planned but not yet implemented.
- **WHO should complete it?** One or more individuals that are familiar with the policies and practices in place at this school.
- **WHEN should this be completed?** Annually, before interventions begin for the school year at this site.
- **WHY?** To understand a school's need for healthy eating and physical activity supports, and to measure change and improvements over time.
- **HOW?** It can be completed on paper or on-line. If you complete it on paper, you will need to enter your data into Survey 123 in order to submit your responses:  
[https://ucanr.edu/sites/slaq/SLAQ\\_Questionnaires/](https://ucanr.edu/sites/slaq/SLAQ_Questionnaires/)

## **Tips and additional information:**

- Review the questionnaire before beginning to decide who should be involved in completing each section and gather any materials/documents you may need.
- Do your best to estimate the current situation so that change over time can accurately be assessed. Do NOT include practices that are planned but not yet implemented.
- Current practices may be impacted by the COVID-19 pandemic or other emergencies. It is important that you report practices in place at the time you complete the questionnaire, even though they may differ from the usual practices. There is a question at the end of each section to comment on these impacts. These questions are not included when computing scores.

Funded by USDA SNAP, an equal opportunity provider and employer.

## School Site Information

School name Oriick School

School address \_\_\_\_\_

This school's Local Health Department (LHD) partner N/A

PEARS Site ID N/A

PEARS Site ID is assigned by PEARS and can be found [here](#). Watch this [video tutorial](#) on how to find a PEARS Site ID. If you do not have a PEARS account, contact your LHD partner for help.

Date of current assessment (MM/DD/YYYY) 6/26/23

Date of last assessment (MM/YYYY) N/A ☐ N/A (this is the first assessment)

During the current week, under what model is this school operating?

- ☒ *In-person*: students attend campus full days Monday-Friday
- ☐ *Distance learning*: students do all learning activities remotely, with exceptions only for specific class activities
- ☐ *Hybrid*: students attend campus part-time and participate in distance learning part-time
- Examples:
- *Students on campus 2-3 days/week, distance learning on off days*
  - *Morning/afternoon split: students spend a half day on campus and half day distance learning*
  - *Students on campus every other week, distance learning on off weeks*
- ☐ *Other* (please describe): \_\_\_\_\_

Under this model, what percentage of enrolled students are scheduled to attend on campus on a typical school day?

- ☒ All (100%)
- ☐ Half (50%)
- ☐ A quarter (25%)
- ☐ None (0%)
- ☐ Other: \_\_\_\_\_

## Section 1: Wellness Policies and Meal Program Participation

*When completing this section, refer to policies about student wellness, NOT employee wellness. Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### 1.1 During the past year, has anyone at your school done any of the following activities?

*Mark all that apply.*

- ☒ Reviewed your district's or school's wellness policy
- ☐ Helped revise your district's or school's wellness policy
- ☐ Communicated to school staff about your district's or school's wellness policy
- ☐ Communicated to parents and families about your district's or school's wellness policy
- ☐ None of these

### 1.2 Is there an official who is responsible for implementation and compliance with wellness policy at the school (not district) level?

- ☐ Yes, a school employee
- ☒ Yes, a district employee
- ☐ No

### 1.3 Is there an active school-level wellness committee (an action-oriented advisory group of two or more people that focuses on the health and well-being of students)? IF SO, how often did it meet during the last 12 months?

- ☒ Committee did not meet
- ☐ 1-2 times
- ☐ 3-4 times
- ☐ 5-6 times
- ☐ 7+ times
- ☐ No school-level committee *skip to Q1.5*

*go to Q1.4*

### 1.4 Families from this school are active members of a school or district level wellness committee.

*Mark all that apply.*

- ☐ District level committee
- ☐ School level committee
- ☐ Neither
- ☐ Don't know

### 1.5 School participates in the National School Lunch Program. ☒ Yes ☐ No

### 1.6 School participates in the School Breakfast Program. ☒ Yes ☐ No

*The School Breakfast Program is a federally funded program which assists schools and other agencies in providing nutritious breakfasts to children at reasonable prices.*

**1.7 School participates in the Fresh Fruit & Vegetable Program.** ☒ Yes ☐ No

*The Fresh Fruit and Vegetable Program (FFVP), administered by CDE, provides schools with funding to offer students a free fresh fruit or vegetable snack during the school day.*

**1.8 Have any of the policies or practices in Section 1 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

☒ No

☐ Yes, impacted by COVID-19. *Please describe:*

☐ Yes, impacted by a wildfire. *Please describe:*

☐ Yes, impacted by another emergency. *Please describe:*

**1.9 Comments on Section 1: Wellness Policies and Meal Program Participation**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

**1.10 Title(s) or role(s) of the people who completed Section 1:**

Superintendent, Superintendents Secretary, HCOE School Nutrition Programs and Services Director



## Section 2: Meals and School Meal Environment

*When completing this section, please refer to a weekly or monthly school meal menu.*

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### 2.1 Which breakfast programs are offered at this school when students attend in-person?

*Mark all that apply.*

- ☐ N/A: no students attending in-person because of COVID-19
- ☐ Breakfast in the classroom
- ☐ "Grab and go" breakfast options (packaged, carry-away, reimbursable meal)
- ☐ "Second chance" breakfast (breakfast after homeroom or first period)
- ☒ This school offers breakfast but none of the above specific programs
- ☐ This school does not offer a breakfast program

### 2.2 The school participates in one or more programs that promote locally or regionally sourced food for meals.

FFVP, HCOE Farm to School procurement, local farms, regionally produced milk

- ☒ Yes *Please list:* \_\_\_\_\_
- ☐ No

### 2.3 All foods and beverages provided in school meals meet nutritional requirements of the National School Lunch Act (as updated in 2012).

- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

### 2.4 Students receive at least one fruit or vegetable with each meal.

- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

### 2.5 Sliced or cut fruit is offered with meals.

- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.6 Fruit and vegetables are prominently displayed in attractive containers on all service lines.**

- ☒ N/A: Traditional Meal Service--meals are plated
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.7 More than one fruit choice (not including juice) is offered *at lunch*.**

- ☒ N/A: Traditional Meal Service--no choices offered
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.8 More than one vegetable choice is offered *at lunch*.**

- ☒ N/A: Traditional Meal Service--no choices offered
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.9 Pre-packaged salads or a salad bar are available to all students *at lunch*.**

- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☒ Never (true 10% or less of the time)

**2.10 The only beverages available to students at *breakfast* are milk and water.**

- ☐ N/A: no breakfast
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☒ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.11 The only beverages available to students at *lunch* are milk and water.**

- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.12 Milk served with meals is limited to non-flavored and 1% fat or less.**

- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☒ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.13 White milk is placed for easier access than flavored milk.**

- ☐ N/A: no flavored milk offered
- ☒ N/A: Traditional Meal Service
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.14 This school provides access to free, palatable drinking water during meal times in the food service areas.**

- ☐ N/A: no on campus meal service because of COVID-19
- ☒ Yes
- ☐ No

**2.15 Students have at least 30 minutes for eating lunch, including time to get their food.**

*Do not include time spent for recess during the lunch period.*

- ☐ N/A: no on campus meal service because of COVID-19
- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**2.16 Lunch (on campus) is served no earlier than 11:00 am and no later than 1:00 pm for:**

- ☐ N/A: no on campus meal service because of COVID-19
- ☒ All students (true for more than 90% of students)
- ☐ Most students (true for 61-90% of students)
- ☐ Some students (true for 41-60% of students)
- ☐ Few students (true for 11-40% of students)
- ☐ No students (true for 10% or fewer students)

**2.17 Classroom nutrition education is reinforced in the cafeteria with promotional materials such as posters, displays, taste testing, etc.**

- ☐ N/A: no on campus meal service because of COVID-19
- ☐ N/A: not familiar with classroom nutrition education
- ☒ More than once per month
- ☐ About once per month
- ☐ A few times per year
- ☐ 1 time per year
- ☐ Never

**2.18 Students help promote the meal program. For example, students might make menu announcements or help develop materials promoting meals.**

- ☐ More than once per month
- ☐ About once per month
- ☐ A few times per year
- ☐ 1 time per year
- ☒ Never

**2.19 Students take part in taste tests, surveys, or other methods to determine preferences for menu items.**

- ☐ More than once per month
- ☐ About once per month
- ☒ A few times per year
- ☐ 1 time per year
- ☐ Never

**2.20 Students have adequate space to sit down and eat at a table most of the time.**

- ☐ N/A: no on campus meal service because of COVID-19
- ☒ Yes, plenty of tables and extra space
- ☐ Yes, but tables are crowded
- ☐ No, not enough seating with tables

**2.21 Dining facilities can be described as:**

- ☐ N/A: no on campus meal service because of COVID-19
- ☐ Pleasant (very clean, well-lit, not too chaotic or noisy, and inviting)
- ☒ Acceptable (adequately clean, well-kept, but sparse)
- ☐ Some areas of concern (dirty, dingy, needs repairs, etc.)

**2.22 Have any of the policies or practices in Section 2 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☒ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

☐ Yes, impacted by a wildfire. *Please describe:*

☐ Yes, impacted by another emergency. *Please describe:*

**2.23 Comments on Section 2: Meals and School Meal Environment**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

Discussion is underway to install a hydration station in the cafeteria to make drinking water more accessible to students.

**2.24 Title(s) or role(s) of the people who completed Section 2:**

Superintendent, Superintendents Secretary, HCOE Nutrition Education Programs and Services Director

## Section 3: Food and Drink around the School

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### **3.1 Food and beverage advertising is limited to foods that meet the state and federal competitive food requirements.**

- ☐ N/A: students are not on campus because of COVID-19
- ☒ N/A: no food and beverage advertising on campus
- ☐ Yes
- ☐ No
- ☐ Don't Know

### **3.2 Items sold as part of fundraisers include:**

- ☒ Only items that meet the state and federal competitive food criteria (or include non-food items)
- ☐ Some items that meet the state and federal competitive food criteria and some that do not
- ☐ Only items that DO NOT meet the state and federal competitive food criteria

### **3.3 All foods and beverages served at school events and celebrations also meet state and federal competitive food standards.**

- ☐ N/A: no school events or celebrations because of COVID-19
- ☐ N/A: no foods or beverages served at school events and celebrations
- ☐ Yes
- ☒ No--cupcakes served at some celebrations

### **3.4 During this school year, less nutritious foods and beverages are intentionally priced at a higher cost relative to more nutritious foods and beverages.**

- ☐ N/A: students are not on campus because of COVID-19
- ☒ N/A: no foods or beverages sold during the school day
- ☐ Yes
- ☐ No
- ☐ Don't Know

### **3.5 All foods and beverages sold during the school day meet state and federal competitive food requirements. Do not include reimbursable school meals or fundraisers.**

- ☐ N/A: students are not on campus during the school day because of COVID-19
- ☒ N/A: no foods or beverages sold during the school day
- ☐ Yes
- ☐ No

**3.6 All foods and beverages sold on campus at any time after school meet state and federal competitive food standards.** *Include sales that are on-going; do not include events/fundraisers that are once a year.*

- ☐ N/A: students are not on campus after school because of COVID-19
- ☒ N/A: no foods or beverages sold after school
- ☐ Yes
- ☐ No

**3.7 Beverages sold to students on campus, not as part of meals, during the school day include:**

*Mark all that apply.*

- ☐ N/A: students are not on campus during the school day because of COVID-19
- ☒ N/A: no foods or beverages sold during the school day
- ☐ Plain, unflavored water (carbonated or uncarbonated)
- ☐ Flavored water, no added sweeteners or caffeine (carbonated or uncarbonated)
- ☐ Unflavored low-fat (1%) or non-fat milk
- ☐ Unflavored whole or reduced fat (2%) milk
- ☐ Flavored non-fat milk
- ☐ Flavored whole, low-fat, or reduced fat milk
- ☐ 100% fruit or vegetable juices (full strength or diluted with water to include at least 50% juice)
- ☐ Calorie-free beverages with caffeine (e.g. unsweetened coffee, tea, or flavored waters with caffeine; excluding diet beverages and plain water)
- ☐ Low or no calorie electrolyte replacement beverages (< 5 calories per ounce such as low-calorie sports drinks)
- ☐ Regular, non-diet soda
- ☐ Diet drinks (including diet soda, light tea, artificially sweetened juice)
- ☐ Other pre-sweetened drinks (including Capri Sun, fruit punch, lemonade, aguas frescas, sweet tea)
- ☐ Other (specify):

**3.8 Are sugar-sweetened beverages served at school events?**

*Sugar-sweetened beverages include any drinks with added sugar, including corn syrup, like non-diet sodas, energy drinks, sports drinks, fruit drinks, and sweetened coffee or tea.*

- ☐ N/A: no school events because of COVID-19
- ☒ Yes
- ☐ No

**3.9 Are teachers discouraged from serving sugar-sweetened beverages at classroom celebrations?**

*Sugar-sweetened beverages include any drinks with added sugar, including corn syrup, like non-diet sodas, energy drinks, sports drinks, fruit drinks, and sweetened coffee or tea.*

- ☐ N/A: no classroom celebrations because of COVID-19
- ☒ Yes--lemonade
- ☐ No

**3.10 Drinking water is available at no charge to students.**

- ☐ N/A: students are not on campus because of COVID-19
- ☒ At all times and locations
- ☐ At only some times or locations
- ☐ No student access to drinking water

**3.11 Students are allowed to carry refillable water bottles.**

- ☐ N/A: students are not on campus because of COVID-19
- ☒ At all times and locations
- ☐ At only some times or locations
- ☐ Never

**3.12 Students have access to water bottle fillers.**

*Do not count traditional drinking fountains, unless they have a water bottle filler feature.*

- ☐ N/A: students are not on campus because of COVID-19
- ☒ No
- ☐ Yes, students can access one water bottle filler
- ☐ Yes, students can access two or more water bottle fillers

**3.13 Have any of the policies or practices in Section 3 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☐ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

- ☐ Yes, impacted by a wildfire. *Please describe:*

- ☐ Yes, impacted by another emergency. *Please describe:*

**3.14 Comments on Section 3: Food and Drink around the School**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

**3.15 Title(s) or role(s) of the people who completed Section 3:**

Superintendent, Superintendents Secretary, HCOE Nutrition Education Programs and Services Director



## Section 4: Gardens

**4.1 During the last school year, did your school have access to an onsite or (offsite) community garden, used and maintained for growing fruits and vegetables? Select the best option.**

- ☐ Yes, we had access to an edible garden or planter that was in use and maintained for growing fruits or vegetables *Go to Q4.2*
  - ☒ No, the garden (or planter) was not being used to grow fruits or vegetables last year
  - ☐ No garden access
- } *Skip to Q4.8*

**4.2 During the last school year, in which months was the garden actively growing fruits and/or vegetables? Mark all that apply.**

- |                                   |                                   |                                    |                                   |
|-----------------------------------|-----------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> July     | <input type="checkbox"/> August   | <input type="checkbox"/> September | <input type="checkbox"/> October  |
| <input type="checkbox"/> November | <input type="checkbox"/> December | <input type="checkbox"/> January   | <input type="checkbox"/> February |
| <input type="checkbox"/> March    | <input type="checkbox"/> April    | <input type="checkbox"/> May       | <input type="checkbox"/> June     |

*When answering 4.3 to 4.7, think about the months the garden was actively growing fruits and/or vegetables in the last school year.*

**4.3 When nutrition education is offered the garden is incorporated:**

*Nutrition education refers to formal curriculum-based lessons.*

- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**4.4 Students tend to the garden:**

*"Tend to the garden" includes preparation for planting, weeding, watering, harvesting, etc.*

- ☐ All students (true for more than 90% of students)
- ☐ Most students (true for 61-90% of students)
- ☐ Some students (true for 41-60% of students)
- ☐ Few students (true for 11-40% of students)
- ☐ No students (true for 10% or fewer students)

**4.5 Students tend to the garden:**

*"Tend to the garden" includes preparation for planting, weeding, watering, harvesting, etc.*

- ☐ 1 time per week or more
- ☐ 2-3 times per month
- ☐ 1 time per month
- ☐ Less than 1 time per month
- ☐ Never

**4.6 Produce from the garden is distributed to families:**

- ☐ 1 time per week or more
- ☐ 2-3 times per month
- ☐ 1 time per month
- ☐ Less than 1 time per month
- ☐ Never

**4.7 Produce from the garden is used in meals or snacks:**

- ☐ 1 time per week or more
- ☐ 2-3 times per month
- ☐ 1 time per month
- ☐ Less than 1 time per month
- ☐ Never

**4.8 Have any of the policies or practices in Section 4 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☒ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

- ☐ Yes, impacted by a wildfire. *Please describe:*

- ☐ Yes, impacted by another emergency. *Please describe:*

**4.9 Comments on Section 4: Gardens**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

Plans are to revitalize the existing school garden with support through the newly established Humboldt School Garden Collective operated by HCOE.

**4.10 Title(s) or role(s) of the people who completed Section 4:**

Superintendent, Superintendents Secretary, HCOE Nutrition Education Programs and Services Director

## Section 5: Nutrition Education

*Nutrition education refers to formal curriculum-based lessons. Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### 5.1 This school offers nutrition education to students:

- ☒ Yes, some or all students *Go to Q5.2*
- ☐ No, no students *Skip to Q5.5*

### 5.2 Which grade levels are present at this school? *Mark all that apply.*

- |   |   |   |   |   |
|---|---|---|---|---|
| <input checked="" type="checkbox"/> TK              | <input checked="" type="checkbox"/> K               | <input checked="" type="checkbox"/> 1 <sup>st</sup> | <input checked="" type="checkbox"/> 2 <sup>nd</sup> | <input checked="" type="checkbox"/> 3 <sup>rd</sup> |
| <input checked="" type="checkbox"/> 4 <sup>th</sup> | <input checked="" type="checkbox"/> 5 <sup>th</sup> | <input checked="" type="checkbox"/> 6 <sup>th</sup> | <input checked="" type="checkbox"/> 7 <sup>th</sup> | <input checked="" type="checkbox"/> 8 <sup>th</sup> |

### How many students at each grade level receive nutrition education?

*Select one response for each grade level present at the school.*

	Few/None <1/3 of students	Some 1/3 to 2/3 of students	Most/All >2/3 of students	N/A Grade level not present
TK	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
K	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
1 <sup>st</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2 <sup>nd</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
3 <sup>rd</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
5 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
6 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
7 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
8 <sup>th</sup>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

### 5.3 Nutrition education follows these practices: *Mark all that apply.*

- ☐ uses a standards-based curriculum with specific wellness goals
- ☒ is skills-based and participatory (i.e. practicing skills/behaviors such as goal setting, nutrition label reading, food preparation, menu planning, or media awareness)
- ☒ is integrated into other parts of the curriculum, e.g. in a math or science lesson
- ☐ is integrated with the broader school environment, e.g. a school cafeteria tour or offering school meal foods for taste tests in nutrition lessons
- ☐ incorporates agriculture and the food system, e.g. through gardening or a farm tour
- ☐ none of these

### 5.4 Teachers of nutrition education receive annual training/professional development in nutrition.

- ☒ Yes
- ☐ No

**5.5 Have any of the policies or practices in Section 5 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☐ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

☐ Yes, impacted by a wildfire. *Please describe:*

☐ Yes, impacted by another emergency. *Please describe:*

**5.6 Comments on Section 5: Nutrition Education**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

**5.7 Title(s) or role(s) of the people who completed Section 5:**

Superintendent, Superintendents Secretary, HCOE Nutrition Education Programs and Services Director

## Section 6: Physical Education

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

**6.1 In a regular school week, how many minutes of Physical Education (PE) do students participate in, among those required to complete PE?**

- ☒ 150 minutes or more
- ☐ 100-150 minutes
- ☐ 99 minutes or less

**6.2 At least 50% of PE class time is spent in moderate to vigorous physical activity.**

- ☐ Always (true more than 90% of the time)
- ☒ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**6.3 PE curriculum as implemented aligns with California state PE standards, with grade-level benchmarks.** *California state PE standards can be found here:*

<https://www.cde.ca.gov/pd/ca/pe/physeducfaq.asp>

- ☒ Yes, for all grades
- ☐ Yes, for some grades
- ☐ No

**6.4 The student-teacher ratio in PE classes is comparable to that in core classes.**

- ☒ Yes, for all classes
- ☐ Yes, for some classes
- ☐ No

**6.5 PE is taught by a certified/endorsed PE teacher.**

- ☒ Yes, for all classes
- ☐ Yes, for some classes
- ☐ No

**6.6 Teachers of PE complete annual professional development on PE or physical activity.**

- ☐ Yes
- ☒ No

**6.7 Have any of the policies or practices in Section 6 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

☐ No

☐ Yes, impacted by COVID-19. *Please describe:*

☐ Yes, impacted by a wildfire. *Please describe:*

☐ Yes, impacted by another emergency. *Please describe:*

**6.8 Comments on Section 6: Physical Education**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

**6.9 Title(s) or role(s) of the people who completed Section 6:**

Superintendent, Superintendent's Secretary, HCOE Nutrition Education Programs and Services Director

## Section 7: Physical Activity

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### 7.1 In addition to a lunch break, recess is provided for all students:

- ☒ More than 20 min per day
  - ☐ 20 min per day
  - ☐ 10-19 min per day
  - ☐ <10 min per day
  - ☐ Never Skip to Q7.3
- } Go to Q7.2

### 7.2 Staff actively facilitate physical activity during recess.

- ☐ N/A: Staff and students are not on campus because of COVID-19
- ☐ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☒ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

### 7.3 Recess or free time is characterized by the provision of: *Mark all that apply.*

- ☐ N/A: Students are not on campus because of COVID-19
- ☒ ample loose equipment (e.g., balls, jump ropes, hula hoops)
- ☒ fixed play equipment (e.g., slides, climbing walls, monkey bars, basketball hoops)
- ☒ strategic playground or game markings (e.g., stencils, four square, hopscotch)
- ☐ none of these

### 7.4 Teachers are encouraged to provide movement breaks throughout the day.

- ☒ Yes
- ☐ No

### 7.5 Teachers are deterred (discouraged or prevented) from using or withholding physical activity to punish or manage behavior.

- ☒ Yes
- ☐ No

### 7.6 The school offers physical activity, including PE, indoors when bad weather prohibits outdoor activities.

- ☐ N/A: Students are not on campus because of COVID-19
- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**7.7 Indoor and outdoor spaces (gym, multipurpose, locker rooms) are adequate to accommodate the needs of PE classes, recess, team practices, and other activities when they occur simultaneously.**

- ☐ N/A: These classes or activities are not on campus because of COVID-19
- ☒ Always (true more than 90% of the time)
- ☐ Usually (true 61-90% of the time)
- ☐ Sometimes (true 41-60% of the time)
- ☐ Not usually (true 11-40% of the time)
- ☐ Never (true 10% or less of the time)

**7.8 The school offers opportunities for students to participate in organized physical activities during the following times. Mark all that apply.**

- ☐ N/A: Students are not on campus before or after school because of COVID-19
- ☐ Before school
- ☒ After school
- ☐ Neither

**7.9 Intramural sports programs or physical activity clubs are offered for students regardless of gender and ability.**

*Intramural sports are programs organized within a school for recreation or competition.*

- ☐ N/A: there are no student activities because of COVID-19
- ☒ Yes, for all grades
- ☐ Yes, for some grades
- ☐ No

**7.10 School grounds/physical activity facilities are used by the public when school is not in session:**

- ☒ More than once a week
- ☐ About once a week
- ☐ Never or rarely

**7.11 Active transport to school is supported by the following safety features or other supports on or near the school campus. Mark all that apply.**

*Active transport means using non-motorized forms of transportation, such as walking and cycling. For longer distance trips, it may also include public transit, as these trips may include walking or cycling for part of the trip. These practices are sometimes supported by "Safe Routes to School."*

- ☒ Sufficient, well-marked crosswalks around the school
- ☐ Sufficient crossing guards around the school
- ☒ Speed bumps/traffic calming on school grounds or neighboring streets
- ☒ Adequate bike racks on the school campus
- ☐ Organized walk-to-school groups, such as a "walking school bus"
- ☐ Other (specify):
- ☐ No active transport supports are currently in place



**7.12 Have any of the policies or practices in Section 7 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☐ No
- ☐ Yes, impacted by COVID-19. *Please describe:*

- ☐ Yes, impacted by a wildfire. *Please describe:*

- ☐ Yes, impacted by another emergency. *Please describe:*

**7.13 Comments on Section 7: Physical Activity**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

To encourage regular physical activity the school board pays for students to join McKinleyville Community Recreation Center.

**7.14 Title(s) or role(s) of the people who completed Section 7:**

Superintendent, Superintendent's Secretary, HCOE Nutrition Education Programs and Services Director

## Section 8: Parent and Family Involvement

*Unless otherwise specified, refer to practices in place currently. Do NOT include practices that are planned and not yet implemented.*

### **8.1 The school refers parents and families to community-based nutrition and physical activity services and programs by:**

*Mark all that apply.*

- ☒ Active referrals (such as outreach from a family resource staff member)
- ☐ Materials provided (such as program information distributed to students or available on school website, brochures displayed in the school office)
- ☐ None of the above

### **8.2 Nutrition education (workshops, activities, and take-home materials) is offered to parents:**

- ☒ More than 1 time per year-- Food for People and DHHS present nutrition education activities, HCOE Taste, Make, Learn family kits
- ☐ 1 time per year
- ☐ Less than 1 time per year or never

### **8.3 Physical activity opportunities or promotions (workshops, activities, and take-home materials) are offered to parents:**

- ☐ More than 1 time per year
- ☐ 1 time per year
- ☒ Less than 1 time per year or never

### **8.4 The nutritional content of foods and beverages served to students is made available to families (sent home to parents or posted online):**

- ☐ Yes
- ☒ No

### **8.5 Easy-to-understand information about accessing the school meal program is distributed to all parents at least annually:**

- ☒ Yes
- ☐ No

### **8.6 Easy-to-understand information about wellness policies is distributed to all parents at least annually:**

- ☒ Yes
- ☐ No

### **8.7 Guidelines for food brought in for holidays or celebrations are provided to parents at least once a year:**

- ☒ Yes
- ☐ No

**8.8 Information is provided to families about how to enroll students in physical activity opportunities on campus before and after school.**

- ☐ N/A: students are not on campus before or after school because of COVID-19  
☒ Yes  
☐ No

**8.9 Have any of the policies or practices in Section 8 been impacted by COVID-19 or another emergency?**

*Mark all that apply.*

- ☐ No  
☐ Yes, impacted by COVID-19. *Please describe:*

☐ Yes, impacted by a wildfire. *Please describe:*

☐ Yes, impacted by another emergency. *Please describe:*

**8.10 Comments on Section 8: Parent and Family Involvement**

*Add any notes or observations, such as a description of something asked in a question or additional practices that are not measured on this questionnaire.*

**8.11 Title(s) or role(s) of the people who completed Section 8:**

Superintendent, Superintendent's Secretary, HCOE Nutrition Education Programs and Services Director

**Thank you for completing the Elementary School SLAQ!**